

Sample Itinerary
Fiji: Islands Discovery
Sustaining Human Societies and the Natural Environment

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Notes: This itinerary is a sample of potential program activities, deviations may be expected. All meals provided.

Destination	Date	Time	Topic	Contact Hours
Pre-departure			Online orientation	2L
Pre-departure			Online pre-departure lectures	4L
Nadi	Day 1	16:00	Group flight arrives	
		18:00	Traditional Fijian foods sampler (group) dinner; explanation of yaquona ceremony	1.5F
		19:00 – 21:30	Welcome and orientation to Fiji	2L
Nadi	Day 2	7:00	Group breakfast	
		8:00	Origin of the Pacific Islands and their environment	1L
		9:00 – 10:30	Indigenous Fijian culture and history	1.5L
		11:00 – 12:30	Indo-Fijian culture and history	1.5L
		12:30 – 13:30	Indian sampler lunch	
		13:30 – 15:00	Indo-Fijian and Indigenous Fijian cultural demonstrations	1.5F
		15:00 – 16:00	Small groups discussions with University of Fiji students	1L
		16:00 – 17:00	Lautoka market visit and sulu purchases	1F
		18:00	Group dinner in Nadi	
Nadi to Botaira	Day 3	7:00	Group breakfast	
		8:30 – 11:00	Yasawa Flyer boat transfer to Botaira Resort	
		12:30	Group lunch	

		13:30 – 16:30	Introduction to Fiji's marine environment and group projects	3L
		18:30 – 20:30	Group dinner and optional kava circle; module discussion	1L 1F
Botaira	Day 4	7:30	Group breakfast	
		9:00	Group research projects and snorkel induction	3.5F
		12:30	Group lunch	
		13:30	Project data collection and analysis	3.5F
		18:00	Group dinner and optional kava circle; introduction to service learning	1L
Botaira	Day 5	7:30	Group breakfast	
		9:00	Discussion on research projects and data collection	1.5L 1F
		12:00	Group lunch	
		13:00	Project presentations	3L
		18:00	Group dinner and briefing for village visit	1L
Botaira to Soso	Day 6	7:30	Group breakfast and depart for Soso village	
		9:30	Sevusevu ceremony, kava ceremony, and welcome to Soso	1F
		10:30	Tour of village and introduction to homestays	1F
		12:00	Lunch with homestay family	
		13:00 – 17:00	Faculty-led activity in homestays and introduction to ethnographic study	1L 3F
		18:30 – 21:00	Lovo feast (group dinner), meke and kava ceremony	1.5F
Soso to Nadi	Day 7	7:30	Breakfast with homestay family	
		9:00	Homestay debriefing	2L
		11:00	Return to Botaira	
		12:00	Group lunch at Botaira	
		14:00	Return to Nadi via Yawasa Flyer	
		18:00	Group dinner	
Nadi	Day 8	7:30	Group breakfast	

8:00 – 10:30	Guided visits to Nadi temple, vegetable market, and handicraft market	1L 1.5F
10:30 – 13:00	Denarau port and beach: Resort development and scavenger hunt	1L 1.5F
13:00 – 15:00	Closing group lunch in Nadi and program evaluation	1L
15:00	Free time for shopping and sightseeing in Nadi	
19:00	Transfer to Nadi International Airport and depart for Los Angeles	

Contact Hours

Lecture hours: 28

Field hours 22 hours (using 2 field hours = 1 lecture hour): 11

Field modules pre- and post- seminars plus independent study (n=2 at 3 hours): 6

Total contact hours = 45 (3 semester credits)

Sample